Dynamics and Energetics of Permeation Through Aquaporins. What Do We Learn from Molecular Dynamics Simulations?

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Abstract Aquaporins (AQPs) are a family of integral membrane proteins, which facilitate the rapid and yet highly selective flux of water and other small solutes across biological membranes. Molecular dynamics (MD) simulations contributed substantially to the understanding of the molecular mechanisms that underlie this remarkable efficiency and selectivity of aquaporin channels. This chapter reviews the current state of MD simulations of aquaporins and related aquaglyceroporins as well as the insights these simulations have provided. The mechanism of water permeation through AQPs and methods to determine channel permeabilities from simulations are described. Protons are strictly excluded from AQPs by a large electrostatic barrier and not by an interruption of the Grotthuss mechanism inside the pore. Both the protein's electric field and desolvation effects contribute to this barrier. Permeation of apolar gas molecules such as CO_2 through AQPs is accompanied by a large energetic barrier and thus can only be expected in membranes with a low intrinsic gas permeability. Additionally, the insights from simulations into the mechanism of glycerol permeation through the glycerol facilitator GlpF from *E. coli*

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are summarized. Finally, MD simulations are discussed that revealed that the aromatic/arginine constriction region is generally the filter for uncharged solutes, and that AQP selectivity is controlled by a hydrophobic effect and steric restraints.

1 Why Molecular Dynamics Simulations?

Aquaporins (AQPs) facilitate water transport across biological membranes in response to an osmotic pressure (Preston et al. 1992). Compared with other biological processes, the translocation of water molecules by AQPs is extremely fast, on a nanosecond timescale (Zeidel et al. 1992). Remarkably, AQPs are also highly selective. Ions, in particular protons, are strictly excluded from AQPs, which ensures that electrochemical gradients across the membrane are maintained (Zeidel et al. 1994). Related aquaglyceroporins are permeated by larger solutes such as glycerol and/or urea whereas *ordinary* AQPs exclude any larger solutes. How can channels be efficient *and* highly selective at the same time?

High-resolution structures of AQPs have been determined by electron microscopy (Gonen et al. 2004; Murata et al. 2000) and X-ray diffraction experiments (Fu et al. 2000; Hiroaki et al. 2006; Lee et al. 2005; Savage et al. 2003; Sui et al. 2001; Törnroth-Horsefield et al. 2006). The structures provide invaluable insights in the molecular mechanisms acting in aquaporins. However, mostly static information was provided and we can therefore not observe aquaporins *at work*. So far, there is no experimental method of sufficient spatial and time resolution to monitor permeation through aquaporins on a molecular level. Molecular dynamics (MD) simulations therefore complement experiments by providing the progression of the biomlecular system at atomic resolution. Having all atomic coordinates as well as interaction energies and forces at hand, simulations yield insight into the physiochemical mechanisms (free energies, entropies, electrostatic forces, formation and rupture of hydrogen bonds, etc.), which drive biological processes such as permeation through aquaporins. The technique of MD simulations is sketched in Fig. 1.

During the last years, MD simulations of aquaporins have been a quite active field of research and provided (and still provide) remarkable insights into the function of these fascinating channels. This chapter overviews the current state of aquaporin simulations and shows how simulations reveal molecular mechanisms underlying the efficiency and selectivity of aquaporins, and thus explain biological function.

2 Water Permeates Through AQPs Along a Lattice of Protein-Water Hydrogen Bonds

High-resolution structures of aquaporin-1 (AQP1) (de Groot et al. 2001; Murata et al. 2000; Sui et al. 2001) and the bacterial glycerol facilitator GlpF (Fu et al. 2000) enabled atomistic *real-time* molecular dynamics (MD) simulations of spontaneous,



Fig. 1 Molecular dynamics simulations. Various kinds of interatomic forces act within macromolecules (here, an aquaporin tetramer). Forces arising from chemical bonds, here represented as springs, compel bound atoms into their equilibrium distances or equilibrium angles (thin arrows). Pauli repulsion (dark double arrows) prohibits atoms from penetrating through each other. Longrange interactions, particularly Coulomb interactions (thick light gray arrows) between partially charged atoms (δ^+ , δ^-), contribute significantly to the stability of a protein structure. All these interactions (and several others) determine the three-dimensional structure of a protein as well as the motion of each individual atom; they are therefore fully included within a molecular dynamics (MD) simulation. The movement of the atoms is calculated in classical approximation by numerical integration of Newton's equations of motion. This approximation holds at room temperature for many processes. Because the forces change rapidly with the changing atomic positions, all forces have to be repeatedly updated in small time steps (typically 10^{-15} s). Thus, 10^6 such integration steps simulate the movement of all atoms of the simulation system for the short time span of 1 ns. To date, the typical length of MD simulations is ≈ 100 ns, limited by the available computational resources.

full permeation events in aquaporins (de Groot and Grubmüller 2001; Tajkhorshid et al. 2002). It was found that both AQP1 and GlpF act as two-stage filters (de Groot and Grubmüller 2001). The first stage of the filter is located in the central part of the channel at the asparagine/proline/alanine (NPA) region; the second stage is located on the extracellular face of the channel in the aromatic/arginine (ar/R) constriction region (cf. Fig. 2). An independent simulation of GlpF (Tajkhorshid et al. 2002) using a different force field confirmed the crucial role of the NPA region; this had also been inferred from the fact that this motif is highly conserved (Heymann and Engel 2000; Jung et al. 1994). These simulation studies also suggested mutants that change the permeation characteristics in a predicted manner (Tajkhorshid et al. 2002).

The simulations also addressed the energetics of water permeation. Overall, the channels achieve their high water permeability through a fine-tuned *choreography* of hydrogen bonds (de Groot and Grubmüller 2001). Whenever and wherever bulk water-water hydrogen bonds have to be ruptured to allow the water molecule to *squeeze* through the narrow NPA or ar/R regions, the protein offers *replacement* interactions, which largely compensate for the energetic cost of water-water bond rupture (cf. Fig. 3b). This remarkable complementarity to bulk water lowers the activation barrier to a large extent and thus allows the high permeation rate, which is observed both experimentally and in simulations, despite the hydrophobic nature of the pore.



Fig. 2 Snapshot from an MD simulation of AQP1 showing a single file of water inside the AQP1 channel. Water molecules are shown as spheres, some water-interacting amino acid side chains are shown in ball-and-stick representation. As indicated by the black bar, the two conserved Asn-Pro-Ala (NPA) motifs are located at the end of the two half helices HB and HE. The asparagines of the NPA motifs form strong hydrogen bonds to permeating water molecules. Closer to the extracellular exit of the channel, the aromatic/arginine region (ar/R) forms the narrowest part of the channel (de Groot et al. 2001; Sui et al. 2001).

The simulations finally revealed a pronounced water dipole orientation pattern across the channel, with the NPA region as its symmetry center (de Groot and Grubmüller 2001). In the simulations, the water molecules were found to rotate by 180° on their path through the pore (Fig. 3a). By artificially switching off the electric dipoles of the half helices B and E, it was elegantly demonstrated that it is the electrostatic field generated by the helical macrodipoles that mainly determines the strict water dipole orientation (Tajkhorshid et al. 2002). The dipolar rotation does not allow the water file to form a continuous hydrogen bond network inside the pore.



Fig. 3 (a) Bipolar orientation of water molecules inside the aquaporin-1 channel, as derived from MD simulations (de Groot and Grubmüller 2001). The water dipoles (black arrows) rotate by approximately 180° while permeating though the AQP1 pore. (b) Hydrogen bond energies per water molecule (solid black lines) in AQP1 (*left*) and GlpF (*right*). Protein–water hydrogen bonds (gray) compensate for the loss of water–water hydrogen bonds (dashed). The main protein–water interaction sites are the ar/R region and the NPA site, apparent from the maxima in the (absolute) protein–water hydrogen bond energies (gray).

This fact led to speculations (Tajkhorshid et al. 2002) that it is the water orientation that prevents the channel from proton leakage (see also next section).

2.1 Calculating Water Permeability Coefficients

MD simulations allow one to address aquaporin function in quantitative terms. Calculation of permeability coefficients and comparison with measured values (Engel and Stahlberg 2002) provide a very sensitive test of the simulations. The best-studied permeability coefficient is the *osmotic permeability* $p_{\rm f}$. It can be defined from the net water flux j_w , which occurs in response to a difference in some solute concentration between the two water compartments $\Delta C_{\rm s}$. Then, $p_{\rm f}$ is given by (Finkelstein 1987)

$$j_w = p_f \Delta C_s \tag{1}$$

The calculation of p_f from MD simulation is not straightforward. The reason is the following: under equilibrium conditions (without any osmotic pressure) a large number of water molecules cross the channel as result of thermal fluctuations. These frequent spontaneous channel crossings occur equally often in both directions of the channel, yielding zero net flux. After applying an osmotic pressure, the number of permeation events upward the chemical gradient is slightly reduced, yielding a net flux. The net flux is generally very small and is therefore difficult to detect against the large background of total channel crossings.

One strategy to overcome this problem is to apply a hydrostatic pressure instead of an osmotic pressure (Zhu et al. 2002). To generate a measurable net flux a very large pressure is however required, which, in turn, necessitates to artificially restrain the aquaporin in the simulation. Nevertheless, the obtained p_f is in good agreement to experiment.

An elegant alternative is to compute the nonequilibrium permeation coefficient p_f directly from equilibrium simulations. This approach is rigorous, because nonequilibrium quantities (such as transport coefficients) are closely related to equilibrium properties. Or more precisely, a thermodynamic system responds linearly to small external perturbations, and the response is quantitatively determined by equilibrium quantities of the system. This remarkable relation is referred to as *fluctuation dissipation theorem*. p_f , for example, is related to spontaneous permeation events under equilibrium.

Spontaneous hops of a single file of water have for the first time been used to determine the $p_{\rm f}$ of gramicidin-A (de Groot et al. 2002). The method rests on the assumption that the permeation rate is proportional to a Boltzmann factor $\exp(-\Delta G^{\ddagger}/k_BT)$ with an Arrhenius activation energy ΔG^{\ddagger} . (For an expanded derivation see Zhu et al. 2004b.) For AQP1, the method was reported to yield $p_{\rm f} = 7.5 \times 10^{14} \,{\rm cm}^3 \,{\rm s}^{-1}$ (de Groot and Grubmüller 2001, 2005) or $7.1 \times 10^{14} \,{\rm cm}^3 \,{\rm s}^{-1}$ (Zhu et al. 2004b), in good agreement to experimental values of 3.2 to $11.7 \times$ 10^{14} cm³ s⁻¹ (Engel and Stahlberg 2002). More recently, a model has been proposed, which describes the motions of all water molecules in the pore by one collective coordinate (Zhu et al. 2004a). The diffusion of this collective coordinate is again related to $p_{\rm f}$. The model has been successfully applied to a number of AQP channels, including mammalian AQP1 and AQP0 as well as the bacterial AQP-Z and GlpF (Hashido et al. 2005; Jensen and Mouritsen 2006). These studies found reasonable agreement to experimental $p_{\rm f}$ values for the water channels AQP1 and AQP-Z. The p_f of GlpF, however, was reported to be similar to the p_f of AQP-Z (Hashido et al. 2005), or even 2-3 times larger (Jensen and Mouritsen 2006), a finding which seems to contradict experiments (Borgnia and Agre 2001; Maurel et al. 1994). Further experiments and simulations are required to resolve this issue.

2.2 Perfect Single-File Water Transport?

The water permeation in AQPs is often referred to as *single-file* permeation. This picture may be supported by snapshots of MD simulations, which often display an ideal water file (compare Fig. 2). An idealized single-file structure requires, however, that no gaps between water molecules are present at any time, and that all water molecules in the channel move in a concerted fashion (Finkelstein 1987). In particular, water molecules must not interchange position. A number of MD stud-

ies have investigated to which extent this ideal picture actually holds. One strategy is to compare the osmotic permeability p_f to the diffusive permeability coefficient p_d . For a perfect single-file permeation $p_f/p_d = N + 1$, where N denotes the number of water binding sites inside the pore (or the average occupancy number if empty sites occur) (Finkelstein 1987). In AQP-Z p_f/p_d was found to be ≈ 12 , close to the number of water molecules inside the pore, whereas $p_f/p_d \approx 4$ was found for GlpF (Jensen and Mouritsen 2006). Hence, the single-file structure is more pronounced in the narrow pore of AQP–Z.

Recently, Hashido et al. proposed a method to determine to which extent (1) concerted water motion and (2) uncorrelated local diffusion contribute to the total $p_{\rm f}$ (Hashido et al. 2007). The analysis revealed that water–water correlations are particularly reduced around the NPA region and that $p_{\rm f}$ is affected by slow local diffusion in the narrow ar/R region.

Taken together, such studies indicate that the picture of single-file permeation is an idealized simplification of the real situation and it only partly describes the permeation through AQPs. Long-range correlations between water molecules are reduced by water–protein interactions, and water molecules occasionally interchange positions, in particular in wider AQP channels such as GlpF.

3 Protons Are Excluded by an Electrostatic Barrier

Proton conduction in bulk water proceeds via the Grotthuss mechanism (de Grotthuss 1806). Accordingly, protons are transferred between water molecules via hydrogen bonds and transient hydronium ions, Eigen and Zundel clusters. Necessarily, the water dipoles reorient during this process. The observation of interrupted hydrogen bonds along the water chain inside the AQP pore (de Groot and Grubmüller 2001), as well as the strict orientation of the water molecules (de Groot and Grubmüller 2001; Tajkhorshid et al. 2002), led to speculation that these effects interfere with the Grotthuss mechanism and thus preclude proton conduction through the channel. Because these *first-generation* studies were mainly aimed at – and succeeded in – explaining efficient water permeation, only (neutral) water molecules were considered and, hence, the aforementioned speculation about the mechanism of proton exclusion was based only on *indirect* evidence.

To obtain direct information, explicit treatments of excess protons and proton transfer reactions in *second-generation* simulations were required. Within only a few years, eight studies have been published, which explicitly address the energetics and dynamics of excess protons in the AQP channel (Burykin and Warshel 2003, 2004; Chakrabarti et al. 2004a, b; Chen et al. 2006; de Groot et al. 2003; Ilan et al. 2004; Kato et al. 2006). The applied methods are quite diverse, including classical electrostatics calculations (Chakrabarti et al. 2004b; de Groot et al. 2003; Jensen et al. 2003), Q-HOP proton transfer simulations (de Groot et al. 2003), semimicroscopic protein-dipole Langevin-dipole linear response approximation (PDLD/S-LRA) calculations (Burykin and Warshel 2003; de Groot et al. 2003; Kato et al. 2006), umbrella MD simulations employing the PM6 dissociable water model

(Chakrabarti et al. 2004a, b), and steered (multistate) empirical valence bond proton transfer simulations (Chen et al. 2006; Ilan et al. 2004; Kato et al. 2006). Furthermore, the energetics of proton translocation have been computed for two different members of the aquaporin family, AQP1 and GlpF.

From these studies it became clear that the proton exclusion can *not* be explained from a discontinuous hydrogen bond network inside the channel, as inferred from the initial X-ray structures (Sui et al. 2001). Instead, if a proton is forced into the channel, remarkably high proton mobility through efficient Grotthuss transfers was observed throughout the channel, without any severe interruption (de Groot et al. 2003). These results contrast with the original picture of an interrupted proton wire. The water molecules inside the pore should in fact *not* be regarded as a static bipolar water column, with the water oxygen atoms pointed toward the channel center at any time. Instead, water molecules rotate inside the channel, and only the average water dipole is pointed toward the channel exits.

The consensus conclusion is that a large electrostatic barrier, rather than proton wire interruption effects, is the dominant mechanism of proton exclusion in aquaporins. From the free energy profile of proton translocation the barrier height was determined to approximately 25 kcal mol⁻¹ (Chen et al. 2006; Kato et al. 2006), with the maximum of the profile being located in the NPA region (cf. Fig. 4). Accordingly, the presence of a proton wire has little influence on a hypothetical proton transport, because the protons could not *climb* the barrier, even if the proton wire was intact.



Fig. 4 Potentials of mean force (PMFs) for proton transfer through AQP1 (Chen et al. 2006). In the AQP1 wild type (WT, dotted-dashed curve), a large barrier of 28 kcal mol⁻¹ prohibits any proton leakage. Switching off the dipoles of the half helices HB and HE (NBC, *no-backbone-charge*, solid curve) reduces the barrier substantially. Likewise, mutations in the aromatic/arginine region (here termed *selectivity filter*), such as R195V, H180A, R195V/H180A, reduce the barrier and may therefore cause proton leakage, as observed experimentally (Beitz et al. 2006).

3.1 Origin of the Barrier: Protein Electric Field Vs. Desolvation Effects

A question that has been lively discussed and that is not yet completely resolved is the origin of the electrostatic barrier. Two competing pictures have been suggested. First, electric field generated by the dipoles of the two AQP half helices HB and HE has been proposed to repel the protons from the NPA region (Chakrabarti et al. 2004b; de Groot et al. 2003). This picture implies that the bipolar water orientation is only a side effect of the electrostatic field in the pore (de Groot et al. 2003), and not the cause of proton exclusion.

Others studies emphasized desolvation effects as the origin of the electrostatic barrier (Burykin and Warshel 2003; Kato et al. 2006). In the highly dielectric ($\varepsilon = 80$) bulk water, the proton is well solvated by surrounding water molecules. Upon moving the proton across the AQP pore, the solvation shell needs to be removed from the proton. Inside the pore, the hydronium ion is only partially solvated by few close water molecules, and the surrounding protein medium [$\varepsilon \approx 4$ (Kato et al. 2006)] stabilizes the hydronium only to a fraction of the solvation in the bulk. Thus, a large energetic cost results for moving the hydronium from the water into the channel.

The controversy on the origin of the electrostatic barrier is mainly caused by the problem of how to *measure* the contributions of polar groups (mainly of the half helices) to the barrier. A common approach is to *switch off* the corresponding partial charges during the simulation (Chakrabarti et al. 2004a; Chen et al. 2006). After such an alchemical transformation, the protein atoms rearrange toward a new stable configuration. The protein may even become unstable, and artificial restraints may be required to keep the protein in its native structure. To which degree the rearrangement of protein atoms should be allowed by the simulation protocol seems somewhat unclear, but has an impact on the quantitative results (Kato et al. 2006). The most recent results indicate that 35–55% of the free energy barrier is generated by the dipoles of the half helices HB and HE (Chen et al. 2006; Kato et al. 2006), and the remaining part is caused by desolvation (compare Fig. 4).

4 Are Aquaporins Permeated by Gas?

It has been a long-standing question whether aquaporins also facilitate gas permeation. In particular, the role of AQP1 as a CO_2 channel has been a matter of lively debate ever since it has been reported that AQP1 increases the CO_2 permeability of *Xenopus* oocytes membranes (Nakhoul et al. 1998). By now, aquaporins have been reported to increase the CO_2 permeability of membranes of oocytes (Cooper and Boron 1998; Nakhoul et al. 1998), liposomes (Prasad et al. 1998), and red blood cells (Blank and Ehmke 2003; Endeward et al. 2006). Other studies did not report any impact of AQP1 on membrane CO_2 permeability (Yang et al. 2000). Moreover, a physiological role of AQP1 or AQP5 for CO_2 transport in the lung or in the kidney has been questioned (Fang et al. 2002). Another process for which aquaporin-mediated CO_2 permeation has been suggested to play a physiological role is photosynthesis. It was shown that the leaf growth and the diffusion of CO_2 inside the leaves of tobacco plants were dependent on the level of NtAQP1 expression, an aquaporin homologous to human AQP1 (Uehlein et al. 2003). By now, this question is still not settled by experiments.

This controversy triggered MD simulations of CO₂ permeation through AOP1 (Hub and de Groot 2006). Potentials of mean force (PMFs) were computed of possible pathways for CO₂ across an AQP1 tetramer, embedded in a model membrane of pure POPE (1-palmitoyl-2-oleoyl-sn-glycero-3-phosphoethanolamine) (Fig. 5). The key finding was that CO_2 encounters a substantial barrier of approximately 23° kJ mol⁻¹ when permeating through the AQP1 water pore (Fig. 5, solid curve). The corresponding PMF for the central cavity of the AQP tetramer displays two barriers of only 13° kJ mol⁻¹, assuming that the cavity is not blocked by an ion or organic molecule. Hence, the central cavity is more likely to contribute to a CO₂ flux than the AQP1 water pores. A model POPE membrane, in contrast, was found to be highly permeable to CO_2 with barriers of only 4kJ mol⁻¹ and a large membrane permeability of $P_{\rm f} \approx 12 \,{\rm cm \ s^{-1}}$. AQP1 embedded in a membrane of POPE is therefore not expected to increase the CO₂ permeation. Therefore, AQP1 can be expected to play a physiological role only in membranes with a low intrinsic CO₂ permeability. Membranes with similar physicochemical characteristics to POPE are highly permeable to CO₂, rendering a physiological role for AQP1mediated CO₂ permeation in such membranes unlikely.



Fig. 5 Potentials of mean force G(z) for CO₂ permeation along possible pathways across an AQP1 tetramer embedded in a bilayer of POPE: through the AQP1 water pore (black solid line), the tetrameric central cavity (dashed), and across the POPE lipid bilayer (dotted).

More recently, Wang et al. corroborated this picture (Wang et al. 2007) and showed that it holds qualitatively also to molecular oxygen. Like CO_2 , also O_2 might permeate through the apolar central cavity. Interestingly, a small apolar cavity located between neighboring AQP1 monomers was suggested to be permeable to O_2 . Compared with a membrane of POPE, however, the AQP1 pores are not expected to contribute substantially to O_2 permeation.

From the MD simulations it was possible to extract the molecular mechanism underlying the 23-kJ mol⁻¹ barrier for CO₂ permeation through the AQP1 water pore (Hub and de Groot 2006). The main barrier is located in the ar/R region (cf. Fig. 5). The barrier has been proposed to originate from water-protein hydrogen bonds, mainly to Arg195. If no CO₂ molecule is present in the ar/R region, water forms hydrogen bonds to the guanidinium group of Arg195 (Fig. 6a, compare also Fig. 3b). Upon permeation of CO₂ through the narrow ar/R site these water-Arg195 hydrogen bonds are partially lost, leaving an energetically unfavorable configuration (Fig. 6b). Hence, since the ar/R site of AQP1 is both narrow and hydrophilic it generates a substantial barrier against permeation of the apolar CO₂. This observation implies that the wider and more hydrophobic ar/R site of aquaglyceroporins is expected to be more permeable to CO₂. Indeed, the main barrier for CO₂ permeation.



Fig. 6 Snapshots from a putative permeation event of a CO_2 molecule through the AQP1 water pore, as derived from MD simulations. Water molecules are shown as sticks, the CO_2 as dark spheres. (a) Water forms strong hydrogen bonds to the conserved arginine, as indicated by dotted lines. (b) Upon CO_2 permeation through the ar/R region, such water–Arg195 hydrogen bonds are (partially) lost, generating a substantial barrier against CO_2 permeation (cf. also Fig. 5).

5 Permeation of Uncharged Solutes Through Aquaporin Channels

5.1 Glycerol Permeation Through Aquaglyceroporin GlpF

The 2.2-Å-resolution structure of *E. coli* glycerol facilitator GlpF (Fu et al. 2000) opened the possibility to study the mechanism as well as the energetics of glycerol permeation through GlpF. The simulations revealed that glycerol is conducted via repeated formation and rupture of glycerol–protein hydrogen bonds (Jensen et al. 2001). Water is actively involved in this process as it competes with glycerol for hydrogen bonds to the protein. Using Jarzynski's equality, the potential of mean force (PMF) for glycerol permeation through GlpF was reconstructed from nonequilibrium simulations (Jensen et al. 2002). The PMF displayed a periplasmic vestibule of low energy, which was speculated to enhance the uptake of glycerol from the environment. The existence of this vestibule could however not be confirmed by more recent MD studies (Hénin et al. 2008; Hub and de Groot 2008).

Permeability measurements of chiral polyols have suggested that GlpF is stereoselective (Heller et al. 1980). Interestingly, the stereoselectivity has also been observed in MD simulations. The force that is required to pull glycerol through the ar/R region of GlpF depends on the orientation of the glycerol molecule inside the pore (Jensen et al. 2002). This effect is caused by the arrangement of potential hydrogen bond partners inside the channel: in the favorable orientation in the ar/R site, all three hydroxyl groups of glycerol are able to form hydrogen bonds to polar protein groups or to the nearby water molecules. In the unfavorable orientation, however, one hydroxyl group gets in close contact to the apolar side chain of Phe200, which accounts for an unfavorable configuration. Recently it has been suggested that different conformations of the two O–C–C–O torsional angles play a role in glycerol conduction through GlpF (Hénin et al. 2008). In these simulations, the probabilities for the two torsional angles to be in the *gauche* or *anti* state highly depend on the glycerol position along the channel. Hence, internal transitions of the glycerol molecule may be required for permeation.

5.2 Toward a General Understanding of Channel Selectivity

So far, 13 different AQP channels were identified in humans (Zardoya 2005). All AQPs are assumed to share a common fold and a number of conserved residues in the channel, such as the conserved NPA motifs and the arginine in the ar/R site (Heymann and Engel 2000). In spite of these remarkable similarities, 13 distinct AQPs have evolved, reflecting the need for tight control of membrane permeability for water and other solutes.

Fine-tuned differences between AQP family members in channel diameter and the arrangement of hydrogen bond partners may determine their permeabilities with respect to different solutes. However, the molecular mechanisms that determine the AQPs' substrate specificities were poorly understood until recently. Therefore, a recent MD study investigated the selectivity of one member of each of the two AQP subfamilies, i.e., AQP1 as a representative for the AQP water channels, and *E. coli* GlpF as a member of the aquaglyceroporin family (Hub and de Groot 2008). Umbrella sampling simulations (Torrie and Valleau 1974) were employed to compute PMFs for the permeation of a number of solutes through AQP1 and GlpF (Fig. 7).



Fig. 7 Potentials of mean force G(z) for the permeation of O_2 , CO_2 , NH₃, glycerol, and urea through AQP1 (black solid curves) and GlpF (gray). The NPA site and the ar/R region are highlighted by gray bars. Note that the main barriers are located in the ar/R region, demonstrating its role for the selectivity of AQPs for uncharged solutes. The glycerol positions in the GlpF crystal structure are shown as small circles (Fu et al. 2000). The barrier against glycerol permeation through AQP1 (dotted line) may have been underestimated in the simulation protocol, see Hub and de Groot (2008) for details. Mutations in the ar/R region (dashed lines) have drastic effects on the main barrier and therefore on channel selectivity.

The considered solutes included O_2 , CO_2 , NH_3 , H_2O , glycerol, and urea, which differ substantially in hydrophobicity and size. All computed PMFs display a main barrier in the ar/R region, confirming its role as the selectivity filter for uncharged solutes. GlpF was found to be generally less selective than AQP1.

To address whether a solute is likely to permeate through a channel, the permeability of the channel must be compared with the permeability of the surrounding lipid bilayer. In terms of energetic barriers, permeation through the channel is only expected if the barrier for channel permeation is substantially lower than the barrier for permeation across the lipid bilayer. Therefore, PMFs for solute permeation through two model membranes, composed of pure POPC and pure POPE, respectively, have been computed from simulations (Hub and de Groot 2008). The PMFs for POPC are displayed in Fig. 8.

By comparing the AQP PMFs (Fig. 7) with the membrane PMFs (Fig. 8) a number of conclusions can be drawn. For example, membranes similar to POPE or POPC are rapidly permeated by apolar gas molecules such as O_2 and CO_2 . Neither AQP1 nor GlpF are expected to enhance the flux of O_2 or CO_2 in such membranes (compare previous section). AQP1 and GlpF could *potentially* be permeated by ammonia. However, only the barrier for NH₃ permeation through GlpF is substantially lower than the membrane barriers. Therefore, GlpF is expected to enhance NH₃ flux while AQP1 is not, in line with experimental findings (Holm et al. 2005).

It is illustrative to display permeation barriers as a function of the hydrophobicity of the permeating solute (Fig. 9). The plot demonstrates that the barrier height for the permeation of *small solutes* through AQP1 correlates with solute hydrophobicity (Fig. 9a). Larger solutes such as glycerol and urea are sterically excluded from



Fig. 8 Potentials of mean force for solute permeation through a membrane of POPC, as indicated in the legend. The membrane is highly permeable to apolar gas molecules such as O_2 and CO_2 , whereas urea, glycerol, and water require a channel for a rapid flux across the membrane.



Fig. 9 Permeability as a function of solute hydrophobicity. The hexadecane–water partition coefficient K_{hex} is used as a measure for hydrophobicity. The main barrier height ΔG_{max} for solute permeation through AQP1 (a) and GlpF (b) vs. $\log_{10} K_{hex}$. AQP1 forms a filter against both hydrophobicity and size, whereas GlpF is permeable to all considered solutes except for urea (compare legend). (c) Solvation free-energy difference ΔG_{tails} between the solute in the bulk water and in the hydrophobic environment between the lipid tails. The measured energetic cost for moving the solute from water into hexadecane is shown for comparison as a dotted line.

AQP1. Taken together, the ar/R region of AQP1 can be considered as a filter that allows the permeation of small polar solutes. Note that this filter mechanism does not apply in GlpF (Fig. 9b). Its larger and more hydrophobic ar/R region allows the rapid permeation of all considered solutes except for urea.

As can be seen from Fig. 9, the permeation characteristics of AQP1 and GlpF are quite different. MD simulations revealed two molecular mechanisms underlying the different selectivities of AQP water channels and aquaglyceroporins. First, larger solutes such as glycerol are sterically excluded from narrow water pores such as AQP1 or *E. coli* AQP-Z (Hub and de Groot 2008; Wang et al. 2005), a finding that has already been suggested from the pore size of the crystal structures (Fu et al. 2000; Savage et al. 2003; Sui et al. 2001). Second, given a solute *fits* sterically through the pore, water–protein interactions play an important role in channel selectivity, in particular inside the ar/R region. When a small solute permeates



Fig. 10 Water–protein interactions as selectivity filter for aquaporins: analysis of interaction energies during a permeation event of O₂ through AQP1 (*left*) and GlpF (*right*). (**a**) PMFs for O₂ permeation through the ar/R regions of AQP1 and GlpF. (**b**) Interaction energies between water and the ar/R residues as a function of O₂ position. Water-protein interactions are reduced by ≈ 60 kJ mol⁻¹ during O₂ permeation through AQP1. (**c**) O₂-protein interactions are weak (~ 10 kJ mol⁻¹) and cannot compensate for the loss of water-protein interaction. When O₂ permeates through GlpF (**b**, *right*), water-protein interactions are much less reduced than in AQP1, rendering a lower barrier for O₂ permeation through GlpF compared with AQP1. (**d**) Snapshots from MD simulations showing the ar/R regions of AQP1 and GlpF. Possible water-protein hydrogen bonds are indicated by dashed lines.

through the narrow and hydrophilic ar/R site of AQP1, water-protein interactions (mainly to the conserved arginine) are substantially reduced (cf. Fig. 10b, left) and replaced by solute-protein interactions (Fig. 10c). More hydrophilic the solutes interact more strongly with the polar groups in the ar/R region implying a lower cost to replace the water molecule. This hydrophobic effect leads to the correlation between solute hydrophobicity and barrier height in AQP1. The ar/R region of

aquaglyceroporins such as GlpF is wider and more hydrophobic (Fu et al. 2000). Therefore, water-protein interactions are hardly reduced upon permeation of small solutes through GlpF (Fig. 10b, right), rendering GlpF an efficient channel for small uncharged solutes. Taken together, water-pore interactions complemented by steric restraints emerge as the determinants underlying channel selectivity.

6 Summary and Concluding Remarks

Providing atomic coordinates and interaction energies at high time and special resolution, MD simulations have proved to be a powerful tool to investigate molecular mechanisms of solute and water permeation through AQP channels. Possible limitations of the applied force field and the simulation protocol as well as the need for comparison to experimental data should however be kept in mind. For many quantities, such as permeability coefficients, the agreement between simulation and experiment is favorable, providing a direct means of cross validation. Occasional but striking discrepancies – such as on the water permeability of GlpF – are expected to trigger further simulations *or* experiments that eventually resolve such issues.

Within only a few years, simulations enabled us to obtain a quite detailed understanding of aquaporin function. Water flux through AQPs may be roughly considered as single-file permeation, although interruptions of the single-file structure are quite frequent. The ordered water structure in the channel is ensured by the frequent arrangement of hydrogen bond partners along the pore, which also compensate for the loss of solvation when water molecules enter the channel. The dipoles of two half helices HB and HE generate an electrostatic field inside the pore, which make the water dipoles rotate by 180° upon permeation. Protons are excluded from AQPs by a large electrostatic barrier, which has its maximum at the NPA site. The contributions of polar protein groups and of desolvation effects to the barrier are still a matter of debate.

The aromatic/arginine (ar/R) region is the selectivity filter for uncharged solutes. Small solutes are filtered through a hydrophobic effect. Whether and under which conditions AQPs facilitate gas, remains an intriguing question. For larger solutes such as glycerol, steric restraints combined with the arrangement of hydrogen bond donors and acceptors determine channel selectivity.

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